

# Attending the County Hospital for an Outpatient Appointment

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# Coming to Outpatients

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If you are going to the County Hospital for an outpatient's appointment, you will come to this building in the photograph.



Please bring any tablets, medicines, creams and inhalers with you to your appointment; or a list of your medication.



You will need to go to the Outpatient Clinic in the main building at the hospital. On arrival you should take a ticket from the machine on the wall and then wait in the main Reception seating area.



When your ticket number is displayed you will need to go to the main Reception desk where you will be booked in for your appointment.



One of our Nurses or Nursing Assistants will welcome you and say “Hello”.



A Nurse will call you into a room and may wish to check the oxygen in your blood. This will not hurt.



The Nursing Assistant may need to take your blood pressure and heart rate. They may also weigh you. This will not hurt.





You might also be asked for a sample of your wee so this can be tested.



Sometimes the Nurse will ask you to have a blood test.

They will put a needle into your arm. It will hurt a bit but not for long.

Your blood is collected into small tubes which are sent away to be tested.



Sometimes the nurse will check your heart called an ECG. Small sticky patches are placed on your arms and legs and chest, this test will not hurt.



You will be seen by a Doctor or Nurse who will talk to you about your health and what will happen next. After this you will be able to go home.

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# Coming to Outpatients Checklist

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Bring your appointment letter.



You may want to bring a relative or friend with you for support.



Bring any tablets, medicines, creams and inhalers you are taking.



Bring enough money for parking and in case you need to make a telephone call or if you want to buy any refreshments.







You may also want to bring a book or some magazines to read while you wait for your appointment.



Bring a list of questions to ask the Doctor or Nurse.



If you have any questions about your appointment before you visit Outpatients, please ring the telephone number on your appointment letter.



## Contact Us

If you would like to speak to somebody about your Outpatient appointment, please call us on one of the following telephone numbers (Monday to Friday, 8am to 6pm):

**Sister in Charge - 01785 230127**

**Outpatient Appointment - 01782 676676**

