

Freedom of Information Request Aquatic Physiotherapy (Hydrotherapy) Provision in the United Kingdom

ACCESS TO AQUATIC PHYSIOTHERAPY

1. On behalf of which NHS Trust / Health Board are you responding?

UHNM

2. Does your Trust / Health Board have access to a hydrotherapy pool?

- Yes
 No
 Not anymore

Pool within another Trust and unaware as to what is happening to it = Midlands Partnership NHS Foundation Trust may hold this information, they can be contacted at the following email address: foi@mpft.nhs.uk

3. If you do have access are your hydrotherapy pools onsite or offsite? (Tick all that apply)

- Onsite
 Offsite (NHS Facility)
 Offsite (Non NHS Facility)

N/A

4. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?

- Yes
 No

Unaware of this as not within the Trust, Midlands Partnership NHS Foundation Trust may hold this information, they can be contacted at the following email address: foi@mpft.nhs.uk

5. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.

- Closed Due to COVID-19
- Lack of funds
- Insufficient space
- No local pool available
- Not enough adequately trained staff
- Lack of appropriate local patient population
- Other (please specify)

Unaware of what is happening as not within our Trust; Midlands Partnership NHS Foundation Trust may hold this information, they can be contacted at the following email address: foi@mpft.nhs.uk

6. How many hydrotherapy pools exist on your NHS Trust / Board's estate? Include those closed prior to COVID-19.

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7. What are your closed hydrotherapy pools / departments now used for?

N/A

REOPENING OF HYDROTHERAPY POOLS

8. Will all your hydrotherapy pools be re-opening?

- Yes, they are already open
- Yes, there are plans to reopen
- No
- Not sure / don't know

N/A

9. When are your hydrotherapy pools scheduled to re-open?

- Within 3 months
- Within 6 months
- Within 9 months
- Within 12 months
- Other (please specify)

N/A

10. If your hydrotherapy pools are not scheduled to reopen, why is that? *(Please select all that apply)*

- Changing area capacity
- Staffing to clean
- Access to pool
- Staff still redeployed
- Other (please specify)

N/A

11. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?

- Yes
- No

Midlands Partnership NHS Foundation Trust may hold this information, they can be contacted at the following email address: foi@mpft.nhs.uk

12. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?

- Yes
- No

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OPERATING HYDROTHERAPY POOLS

13. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?

- Yes
- No

Midlands Partnership NHS Foundation Trust may hold this information, they can be contacted at the following email address: foi@mpft.nhs.uk

14. What capacity are / will you be able to offer compared to pre pandemic?
Please enter a percentage (%).

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15. Is / will your service be provided on a 1:1 basis?

- Yes,
- No we can take more than 1 patient in the pool at a time.

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16. Is / will your service be provided with the therapist instructing from poolside

- Yes,
- No our therapist is able to treat from within the pool

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17. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)

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18. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?

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19. Which services use your hydrotherapy pools?

- Rheumatology
- MSK
- Orthopaedics
- Neurology
- Paediatrics
- Other (please specify)

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20. Are your hydrotherapy pools used by inpatient or outpatient services?

- Inpatients only
- Outpatients only
- Both inpatients and outpatients

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21. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)

- Yes
- No

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22. Have these sessions restarted? (Please provide a list of those which have restarted)

- Yes
- No

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23. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

- Yes
- No

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24. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?

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25. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.

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Thank you