

## Wednesday Lunch

### APPETISERS

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Orange juice **V** **H**

Apple juice **V** **H**

### MAINS (Choose one option)

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Chicken breast in  
chasseur sauce

Savoury minced beef **H**  
casserole

Cheese & potato pie **V** **E**  
(popular choice)

### SIDES

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Potatoes & rice

Creamed potatoes

Boiled rice

Vegetables  
(Choose two options)

Carrots & swedes

Baked beans

Side Salad

Additional gravy is available **V**

\* May contain bones

### SALADS

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Tuna salad **H**

Bread roll with butter/  
sunflower spread

### SANDWICHES

- on white or wholemeal

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Chicken mayonnaise  
sandwich

Cheese sandwich **V**

Tuna mayonnaise  
sandwich\*

Ham sandwich **H**

Egg mayonnaise sandwich **V**

### DESSERTS

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Apple crumble **E** **V**

Custard sauce **V**

Thick & creamy yoghurt **V**

Light yoghurt **V** **H**

Apple & grape **V** **H**  
fruit pack

Fresh fruit **V** **H**

## Wednesday Evening

### APPETISERS

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Lentil soup **V** **E**

Bread roll with butter/  
sunflower spread

Orange juice **V** **H**

Apple juice **V** **H**

### MAINS (Choose one option)

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Chinese chicken curry **H**

Sausage in onion gravy **E**  
(popular choice)

Pasta Provençal topped **V** **H**  
with grated cheese

### SIDES

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Potatoes & rice

Creamed potatoes

Boiled rice

Vegetables  
(Choose two options)

Mushy peas

Country mixed vegetables

Side Salad

Additional gravy is available **V**

### SALADS

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Egg salad **V** **H**

Bread roll with butter/  
sunflower spread

### SANDWICHES

- on white or wholemeal

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Tuna mayonnaise  
sandwich\*

Ham sandwich **H**

Cheese sandwich **V**

Chicken mayonnaise  
sandwich

Egg mayonnaise sandwich **V**

### DESSERTS

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Rice pudding **E** **V**

Jelly & ice cream

Ice cream **V**

Light yoghurt **V** **H**

Thick & creamy yoghurt **V**

Apple & grape **V** **H**  
fruit pack

Fresh fruit **V** **H**

\* May contain bones

