



Ref: FOIA Reference 2023/24-898

Date: 24<sup>th</sup> April 2024

Email [foi@uhn.nhs.uk](mailto:foi@uhn.nhs.uk)

Dear

I am writing to acknowledge receipt of your email dated 28th March 2024 requesting information under the Freedom of Information Act (2000) regarding Incidents relating to Long Covid services.

As of 1<sup>st</sup> November 2014 University Hospitals of North Midlands NHS Trust (UHNM) manages two hospital sites – Royal Stoke University Hospital, and County Hospital (Stafford). Therefore the response below is for the two sites combined from that date where appropriate.

**Q1 Do you have a specialist service for long Covid patients within your trust? Please name the clinic/service**

A1 No

**Q2 How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year to date ie 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service**

A2 Not applicable

**Q3 Is the service physician-led?**

A3 Not applicable

**Q4 Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:**

1. physical rehabilitation – please give details
2. Graded exercise therapy
3. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
4. Advice on pacing
5. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
6. drug treatment
7. other, please specify

A4 Not applicable

**Q5 Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?**

**If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible**

A5 Not applicable

**Q6 Does the service have the ability to order diagnostic tests and scans?**

**If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic**

A6 Not applicable

**Q7 If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?**

1. physical rehabilitation – please give details
2. Graded exercise therapy
3. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
4. Advice on pacing
5. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
6. drug treatment
7. other, please specify

A7 Not applicable

**Q8 How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:**

- a) doctor
- b) nurse
- c) physiotherapist
- d) occupational therapist
- e) clinical psychologist/ CBT practitioner / psychotherapist/counsellor
- f) other, please specify

A8 Not applicable

**Q9 For any doctors employed, please specify their specialism eg GP, cardiologist, neurologist, psychiatrist**

A9 Not applicable

**Q10 Is the clinic expected to continue running after 2025?**

A10 Not applicable

\*Please note that any individuals identified do not give consent for their personal data to be processed for the purposes of direct marketing.

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An anonymised copy of this request can be found on the Trust's disclosure log, please note that all requests can be found at the following link: <http://www.uhnm.nhs.uk/aboutus/Statutory-Policies-and-Procedures/Pages/Freedom-of-Information-Disclosure-Log.aspx>

This letter confirms the completion of this request. A log of this request and a copy of this letter will be held by the Trust.

If you have any queries related to the response provided please in the first instance contact my office.

Should you have a complaint about the response or the handling of your request, please also contact my office to request a review of this. If having exhausted the Trust's FOIA complaints process you are still not satisfied, you are entitled to approach the Information Commissioner's Office (ICO) and request an assessment of the manner in which the Trust has managed your request.

The Information Commissioner may be contacted at:

Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF or via [www.ico.org.uk](http://www.ico.org.uk).

Yours,



**Rachel Montinaro**  
Data Security and Protection Manager - Records



University Hospitals  
of North Midlands  
NHS Trust

