

UHNM Stoma Patient Pathway

Out of area ostomates

- Refer to local stoma nurse
- Provide two weeks of stoma products
- Register with DAC
- Discharge from UHNM

Out patients

Pre-operation counselling

- Face to face or telephone consultation
- Provide Stoma Practice kit and written information

In hospital

Inpatient stoma care

- Stoma siting (day of surgery)
- Stoma teaching (twice a day if appropriate)
- Stoma complications / management
- Psycho-social support

2 weeks post discharge

Discharge home and initial follow-up

- Provide 1 week of stoma appliances
- Register patients with Charter appliance contractor (DAC)
- Telephone or virtual or home visit
 - Clinical appliance use and prescription use review
 - Stoma complications prevention / management
 - Psycho-social support, dietary and lifestyle advice

8 weeks post discharge

Routine follow-up

- Face to face at County / Stoke-on-Trent
- Clinical appliance use and prescription use review
 - Stoma complications prevention / management
 - Psycho-social support, dietary and lifestyle advice

6 months post discharge

Routine follow-up

- Telephone consultation
 - Clinical appliance use and prescription use review
 - Stoma complications prevention / management
 - Psycho-social support, dietary and lifestyle advice
 - Discuss stoma care reversal, if appropriate

12 months post discharge

Long term follow-up

- Telephone consultation
- Annual User Review
 - Clinical appliance use and prescription use review
 - Stoma complications prevention / management
 - Psycho-social support, dietary and lifestyle advice