

Tuesday Lunch

APPETISERS

Orange juice **V** **H**

Apple juice **V** **H**

MAINS (Choose one option)

Roast pork & sage **H**
& onion stuffing
(popular choice)

Beef lasagne

Vegetable pie **V** **E**

SIDES

Potatoes & rice

Creamed potatoes

Roast potatoes

Vegetables
(Choose two options)

Carrots

Cabbage

Side Salad

Additional gravy is available **V**

SALADS

Chicken salad **H**

Bread roll with butter/
sunflower spread

SANDWICHES

- on white or wholemeal

Tuna mayonnaise
sandwich*

Ham sandwich **H**

Egg mayonnaise sandwich **V**

Cheese sandwich **V**

Chicken mayonnaise
sandwich

DESSERTS

Bread & butter pudding **E** **V**

Custard sauce **V**

Thick & creamy yoghurt **V**

Light yoghurt **V** **H**

Apple & grape **V** **H**
fruit pack

Fresh fruit **V** **H**

* May contain bones

Tuesday Evening

APPETISERS

Tomato soup **V** **E**

Bread roll with butter/
sunflower spread

Orange juice **V** **H**

Apple juice **V** **H**

MAINS (Choose one option)

Braised steak **H**
(popular choice)

Poached fish in **H**
cheese sauce*

Green mac and cheese **V** **E**

SIDES

Potatoes & rice

Creamed potatoes

Croquette potatoes

Vegetables
(Choose two options)

Sweetcorn

Mixed vegetables

Side Salad

Additional gravy is available **V**

SALADS

Turkey salad **H**

Bread roll with butter/
sunflower spread

SANDWICHES

- on white or wholemeal

Cheese sandwich **V**

Egg mayonnaise sandwich **V**

Tuna mayonnaise
sandwich*

Chicken mayonnaise
sandwich

Ham sandwich **H**

DESSERTS

Rice pudding **E** **V**

Ice cream **V**

Light yoghurt **V** **H**

Thick & creamy yoghurt **V**

Apple & grape **V** **H**
fruit pack

Fresh fruit **V** **H**

* May contain bones

