



Ref: FOIA Reference 2023/24-546

Date: 28<sup>th</sup> November 2023

Email [foi@uhnm.nhs.uk](mailto:foi@uhnm.nhs.uk)

Dear

I am writing to acknowledge receipt of your email dated 20th November 2023 requesting information under the Freedom of Information Act (2000) regarding digital tools

As of 1<sup>st</sup> November 2014 University Hospitals of North Midlands NHS Trust (UHNM) manages two hospital sites – Royal Stoke University Hospital, and County Hospital (Stafford). Therefore the response below is for the two sites combined from that date where appropriate.

**Q1 Are you currently using any digital tools to support patients' self-management in MSK (Musculoskeletal)**

A1 Information not held by UHNM, MPFT may hold this, they can be contacted at the following email address: [FOI@mpft.nhs.uk](mailto:FOI@mpft.nhs.uk)

**Q2 Are you currently using any digital tools to support patients' self-management in Women's Pelvic Health**

A2 No

**Q3 If yes, which digital tools are you using for both?**

A3 Not applicable for both

**Q4 If not, do you have plans in the future to use digital tools for MSK and Women's Pelvic Health?**

A4 As answer 1 for MSK.  
Women's pelvic health - We have considered the use of the Squeezy app to support pelvic floor muscle exercises and training for midwives. We have currently paused work to implement that while we look at other tools.

\*Please note that any individuals identified do not give consent for their personal data to be processed for the purposes of direct marketing.

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An anonymised copy of this request can be found on the Trust's disclosure log, please note that all requests can be found at the following link: <http://www.uhnm.nhs.uk/aboutus/Statutory-Policies-and-Procedures/Pages/Freedom-of-Information-Disclosure-Log.aspx>

This letter confirms the completion of this request. A log of this request and a copy of this letter will be held by the Trust.

If you have any queries related to the response provided please in the first instance contact my office.

Should you have a complaint about the response or the handling of your request, please also contact my office to request a review of this. If having exhausted the Trust's FOIA complaints process you are still not satisfied, you are entitled to approach the Information Commissioner's Office (ICO) and request an assessment of the manner in which the Trust has managed your request.

The Information Commissioner may be contacted at:

Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF or via [www.ico.org.uk](http://www.ico.org.uk).

Yours,



**Rachel Montinaro**  
Data Security and Protection Manager - Records