

## Friday Lunch

### APPETISERS

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Orange juice **V H**

Apple juice **V H**

### MAINS (Choose one option)

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Deep fried fish in batter\* **E**  
(popular choice)

Beef Goulash **H**

Vegetable lasagne **V**

### SIDES

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Potatoes & rice

Chips

Boiled rice

Vegetables  
(Choose two options)

Mushy peas

Carrot & swede

Side Salad

Additional gravy is available **V**

\* May contain bones

### SALADS

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Cheese salad **V**

Bread roll with butter/  
sunflower spread

### SANDWICHES - on white or wholemeal

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Ham sandwich **H**

Egg mayonnaise sandwich **V**

Tuna mayonnaise  
sandwich\*

Chicken mayonnaise  
sandwich

Cheese sandwich **V**

### DESSERTS

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Fruit crumble **E V**

Custard sauce **V**

Thick & creamy yoghurt **V**

Light yoghurt **V H**

Apple & grape **V H**  
fruit pack

Fresh fruit **V H**

## Friday Evening

### APPETISERS

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Mushroom soup **V E**

Bread roll with butter/  
sunflower spread

Orange juice **V H**

Apple juice **V H**

### MAINS (Choose one option)

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Chicken, leek  
& bacon casserole  
(popular choice)

Savoury minced beef pie **E**

Quorn cottage pie **V H**

### SIDES

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Potatoes & rice

Creamed potatoes

Croquette potatoes

Vegetables  
(Choose two options)

Sliced carrots

Sweetcorn

Side Salad

Additional gravy is available **V**

### SALADS

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Egg salad **V H**

Bread roll with butter/  
sunflower spread

### SANDWICHES - on white or wholemeal

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Egg mayonnaise sandwich **V**

Ham sandwich **H**

Tuna mayonnaise  
sandwich\*

Cheese sandwich **V**

Chicken mayonnaise  
sandwich

### DESSERTS

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Rice pudding **E V**

Tinned fruit & ice cream **V**

Ice cream **V**

Light yoghurt **V H**

Thick & creamy yoghurt **V**

Apple & grape **V H**  
fruit pack

Fresh fruit **V H**

\* May contain bones

