



Working life

Emma Benton

Senior Therapy Technician

*What was the next step after school?

Following my work experience in a ten bedded residential home I knew I wanted to work with elderly care. I gained my job from work experience at the residential home as a carer. I worked there for five years and then applied for a health care role in a hospital setting. I then got the job role and remained as a health care support worker for over 10 years. I have looked after different patients ranging from dermatology, rehab, medical, respiratory, dementia and palliative.

*How did you find out about Therapy technician role?

Whilst working as a health care and working alongside occupational therapy, physiotherapy and their technician's they mentioned there was a secondment going out for post. I applied for the twelve-month secondment where I achieved getting the post. I completed my competencies to become a band two technician. Over the last five years I have managed to achieve a senior therapy technician role.

*What has been your career journey so far?

Once I completed my secondment, I then gained a role of a band two therapy technician and went on to complete a role in a band three and then to a band four senior therapy technician. As a therapy technician I was allowed to support with mobility/transfer practice, washing/dressing practice, Kitchen practice and support with home visits. Check equipment orders.

As a senior therapy technician my role change to being able to have more responsibilities such as being able to access mobility /transfers, complete kitchen, washing/dressing assessment and completing access visits, referring patients to other service users, ordering equipment and discharging patients. Prioritise patients. I have become a manual handling key instructor. I support apprentices and students.

*What do you love about your role as a therapy technician?

I am passionate about what I do as a therapy technician. I enjoy meeting different patients with different functional abilities. I enjoy enabling them to remain as independent as possible to return home or go into 24-hour care. I Enjoy group activities with patients this allows them to chat and get involved which could lead to a quicker recovery.