

20190108 FOI request referenced 5681-1819

Freedom of information questionnaire for antenatal units

Demographics of pregnant women

1. What is the number of women from BME backgrounds who have given birth in 2014, 2015, 2016, 2017 and 2018? *section 12 exemption as detailed in attached letter*
2. What is the number of women who have given birth within each age category of under 16 years of age, 16-19 years, 20-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-50 years, over 50 years, for 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*
3. What is the number of women who have given birth in 2014, 2015, 2016, 2017, 2018 for whom English is not a first language? *section 12 exemption as detailed in attached letter*
4. What is the number of single parent families in 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*
5. What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy) in 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*
6. What is the number pregnancies rated as high-risk pregnancies in 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*
7. What were the number of elective caesareans in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
8. What were the number of emergency caesareans in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
9. What were the number of pre-term births in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
10. What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services) in 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*
11. What were the number of home births in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
12. What were the number of home births transported to hospital via ambulance during or after labour in 2014, 2015, 2016, 2017, 2018? *section 12 exemption as detailed in attached letter*

Screening and treatment for mental health during pregnancy

13. Are women currently screened for mental health problems during pregnancy? *Section 21 exemption as detailed in attached letter*
14. Are men currently screened for mental health problems during pregnancy? *No*
15. If men and women are screen for mental health problems during pregnancy, how are they screened? *Section 21 exemption as detailed in attached letter*
16. What services are offered to those suffering from mental health problems during pregnancy? *Section 21 exemption as detailed in attached letter*
17. What information is given to those suffering with mental health problems during pregnancy? *Section 21 exemption as detailed in attached letter*
18. What is the number of women identified as having mental health issue during pregnancy in 2014, 2015, 2016, 2017, and 2018? Please indicate the numbers in each of the following categories; depression, anxiety and psychosis. *section 12 exemption as detailed in attached letter*
19. How long was the waiting list for psychological treatment during pregnancy in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
20. What was the number of women prescribed anti-depressants during pregnancy in 2014, 2015, 2016, 2017, 2018? *Section 21 exemption as detailed in attached letter*
21. What was the number of suicides during pregnancy in 2014, 2015, 2016, 2017, 2018? *None*

Q22-27 Mental health services are managed by North Staffordshire Combined Healthcare NHS Trust. If you wish to redirect your request to the Trust you can do so by post or email as below:
communications@northstaffs.nhs.uk

North Staffordshire Combined Healthcare NHS Trust
Trust Headquarters
Lawton House
Bellringer Road
Trentham
ST4 8HH

22. What is the number of fathers identified as having mental health issues in 2014,2015,2016,2017,2018? *Information not held by UHNM, information may be available by contacting the above links*
23. What treatment is offered to those experiencing mental health problems during pregnancy? *Information not held by UHNM, information may be available by contacting the above links*
24. Do you have pregnancy support groups? *Information not held by UHNM, information may be available by contacting the above links*
25. What is the number of mental health specialists working within the antenatal unit? *Information not held by UHNM, information may be available by contacting the above links*
26. What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems? *Information not held by UHNM, information may be available by contacting the above links*
27. What is the lowest age of women referred during pregnancy for mental health problems? *Information not held by UHNM, information may be available by contacting the above links*

Pregnancy information

28. What methods are used to deliver information to expectant parents during pregnancy? *On a one to one basis when a woman attends any clinic appointment plus Via app or parent education sessions.*
29. What types of written information is given to expectant parents during pregnancy? *All women who are pregnant are directed to the Bounty app which contains both local and national information for pregnancy. We do not print any information as a Trust. women are also given a Bounty wallet with information in it*
30. Does written information given during pregnancy contain information about mental health? *Yes provided by Bounty*
31. Can you provide examples of the written information given to women about mental health during pregnancy? (e.g. enclose a copy of the leaflet, take a photo of information, or provide a weblink. <http://www.bounty.com/about-bounty/bounty-packs/bounty-apps>)
32. Is written information about pregnancy offered in languages other than English? *Yes via links to websites such as UNICEF*
33. If written information is provided in other languages, which languages is the information provided in? *These are national leaflets such as from the National screening committee. . There are no local Trust leaflets provided in other languages*

Postnatal information and mental health

34. What support offered to women who had a traumatic birth? *Women are offered a Birth afterthoughts session with a midwife to go over their birth experience to help process and understand events.*
35. What support offered to men who had a traumatic birth? *None specifically but partners can attend the birth afterthoughts session*

36. Is written information offered after a traumatic birth? *No*
37. Is counselling offered after a traumatic births? *Not from the Trust; referral to services via GP*
38. Are additional follow-up appointments standard after discharge from a traumatic birth? *Not as a routine*
39. What are the numbers of women identified as having postnatal depression? *section 12 exemption as detailed in attached letter*
40. What are the numbers of men identified as having postnatal depression? *Section 12 exemption as detailed in attached letter*
41. What are the numbers of women identified with postnatal anxiety? *Section 12 exemption as detailed in attached letter*
42. What are the numbers of men identified with postnatal anxiety? *Section 12 exemption as detailed in attached letter*
43. What are the numbers of women with postnatal psychosis? *Section 12 exemption as detailed in attached letter*
44. What are the numbers of men with postnatal psychosis? *Section 12 exemption as detailed in attached letter*

Q46 -53:

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45. How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period? *Information not held by UHNM, information may be available by contacting the above links*
46. How many in-patient "mother and baby" psychiatric beds do you have? *As above*
47. What types of treatments are offered to women with depression after pregnancy? *As above*
48. What types of treatments are offered to men with depression after pregnancy? *As above*
49. What types of treatments are offered to women with anxiety after pregnancy? *As above*
50. What types of treatments are offered to men with anxiety after pregnancy? *As above*
51. What types of treatments are offered to women and men with psychosis after pregnancy? *As above*
52. What types of treatments are offered to men with psychosis after pregnancy? *As above*