



Ref: FOIA Reference 2024/25-479

Date: 22nd October 2024

Email foi@uhnm.nhs.uk

Dear Sir/ Madam

I am writing to acknowledge receipt of your email dated 17th October 2024 requesting information under the Freedom of Information Act (2000) regarding Mental Health

Q1 How many NHS Staff have taken at least one day off work due to mental health issues in the past three years? (Broken down by years: 2021/22, 2022/23, 2023/24)

A1 See below:
2023/24 – 1539
2022/23 - 1505
2021/22 - 1643

Note: this is based on identifying each person only once per financial year, no matter the number of times they may have had an episode.

Q2 Could these issues be broken down into specific types of mental conditions such as stress, work-related stress, anxiety, depression, low mood, etc.? (Broken down by years: 2021/22, 2022/23, 2023/24)

A2 UHNM has limited data available for secondary reasons, but we have included where available.

We are unable to provide the information you require in the requested format as to release this data could lead to the identification of the person(s) involved due to the low numbers involved and would breach the Trusts obligations under Data Protection Act 2018. Accordingly, this aspect of your request is exempt from disclosure under the terms of Section 40(2) of the FOI Act. *Personal information*. However, as the Trust is committed to openness and transparency we can band the numbers as being <5

This exemption is an absolute exemption and therefore no consideration of the public interest test is needed.

Level 2 Reason	2021/22	2022/23	2023/24
S10 Anxiety/stress/depression/other psychiatric illnesses	1631	1499	1536
S10001 Anxiety	5	<5	<5

S10003 Bipolar disorder	<5		
S10005 Depression	<5		
S10016 Self harm		<5	
S10017 Stress	5	<5	<5

*Please note that any individuals identified do not give consent for their personal data to be processed for the purposes of direct marketing.

UHNM NHS Trust is a public sector body and governed by EU law. FOI requestors should note that any new Trust requirements over the EU threshold will be subject to these regulations and will be advertised for open competition accordingly.

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An anonymised copy of this request can be found on the Trust's disclosure log, please note that all requests can be found at the following link: <http://www.uhnm.nhs.uk/aboutus/Statutory-Policies-and-Procedures/Pages/Freedom-of-Information-Disclosure-Log.aspx>

This letter confirms the completion of this request. A log of this request and a copy of this letter will be held by the Trust.

If you have any queries related to the response provided please in the first instance contact my office.

Should you have a complaint about the response or the handling of your request, please also contact my office to request a review of this. If having exhausted the Trust's FOIA complaints process you are still not satisfied, you are entitled to approach the Information Commissioner's Office (ICO) and request an assessment of the manner in which the Trust has managed your request.

The Information Commissioner may be contacted at:

Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF or via www.ico.org.uk.

Yours,



**University Hospitals
of North Midlands**
NHS Trust

Leah Carlisle
Head of Data, Security & Protection and Health Records
Data Protection Officer

